

# Dr. GALEN E. BENSON

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## Education

Doctor of Education (Higher Education Leadership), Maryville University, 2022

Master of Business Administration, National University, 1994

Bachelor of Arts (Political Science), Principia College, 1989

## Formal Teaching Experience

### Associate Professor

Educational Studies, Principia College, Elsah, IL

July 2023 – Present

Our program offers co-constructed, relevant, theory-based, and experiential learning opportunities for undergraduates. It is a privilege to work with a team that advances educational knowledge and practice through exciting venues, relevant discussions, correlated research, and experiential leadership!

### Assistant Professor

July 2017 – July, 2023

- Teacher of the Year, 2021-2022
- Interim Department Chair, Fall 2019

### Courses Taught

EDST 101: Pathways to Success

EDST 184: Children and Society

EDST 210: 21<sup>st</sup> Century Learning

EDST 260: Interpersonal Communication

EDST 287: Character Education

EDST 388: Philosophy of Education

EDST 420: Capstone

### Committees

Faculty and Administration Coordination Team (current)

Faculty Leadership Team (current)

Faculty Council (current)

Committee on Committees (current)

Scholastic Committee

Chair, Director of Faculty Development Search Committee

Chair, Director of Financial Aid Search Committee

Search Committee Member for Assistant Dean of Academic Services

Search Committee Member for Strength and Conditioning Coach

Search Committee Member for Faculty (Educational Studies x3, Math x2, Business, Dance)

Search Committee Member for Staff (Academic Technology x2, Assistant Registrar)

### Adult Education Instructor

State of Colorado Department of Corrections, Buena Vista, Colorado

2008 – 2017

Taught incarcerated adults all subjects of the GED exam, cognitive education, and parenting classes.

Implemented two virtual job fairs with 4500 registered attendees.

Successful collaboration with the U.S. Department of Labor and Employment, the U.S. Air Force, Army, and Air National Guard which earned State-wide recognition and awards.

Served as a member of the FBI trained and certified Crisis Negotiation Team (CNT).

## Other Experiences

### Assistant Women's Soccer Coach

Principia College

2022 - Current

### Co-Leader

National Leadership Council (NLC), Discovery Bound

2019 - 2023

### Youth Soccer Coach

Chaffee County United, Salida, CO

2017

### Buena Vista Youth Soccer Association

2014 – 2016

### Stingers Soccer Club, Evergreen, CO

2004 – 2007

### Board of Directors

The Link School, Buena Vista, CO

2008 – 2011

### Equities Trader

Inertia Investments, Inc., Evergreen, CO

2002 – 2006

### Licensed Investment Representative

Janus Capital Group, Denver, Colorado

2000 – 2002

### Teen Activities Coordinator

Princess Cruises, Los Angeles, CA

1996 – 2000

### Eagle Scout

## Presentations and Publications

International Journal of Mental Health and Addiction, "Network Analysis of Childhood Maltreatment, Anxiety, and Addictive Non-Suicidal Self-injury in Adolescents;" Peer Reviewer- currently under review, April 2024

International Journal of Mental Health and Addiction: "Characteristics and Risk of Adverse Mental Health Events Among Users of the National Overdose Response Service (NORS) Telephone Hotline;" Peer Reviewer- currently

under review, March 2024

International Journal of Mental Health and Addiction: "Beyond the Wish: Actual Mobile Phone Use Surpassing Desire Brings More Distress;" Peer Reviewer- currently under review, January 2024

International Journal of Mental Health and Addiction: "Your Classmates Eat Junk Food and You Become Depressed-the Peer Effects of Junk Food Consumption Depression;" Peer Reviewer and published, December 2023

National Resource Center for the First-Year Experience & Students in Transition, Reviewer, September 2023

The Christian Science Sentinel: "Divine Mind and Academic Success;" August 21, 2023

Maryville University Higher Education Leadership Doctoral Residency, Alumni Panelist; June 2022

Dissertation Defense: "Perceptions and Experiences of Happiness, Self-Authorship, and Flow: Undergraduates and Social Media;" January 2022

Decision and Dilemmas: "Design Thinking to Become Better Decision Makers," 2021 (3 times)

The Center for Teaching and Learning's, "Organization for Work-Life Balance," panelist; 2021

Christian Science Sentinel (cover story): "Foster Good Habits, Develop Moral Courage;" February 3, 2020

The Buck Man Lecture Series: "Why Can't We All Just Get Along?" March 12, 2019

Resident Counselor Workshop: "Communication and Facilitation;" 2018

Virtual Job Fair Employment Summit: "A Virtual Job Fair for the U.S. Military;" 2014

The CAEPA/CDE Rendezvous Conference: "Inside the Correctional Education Classroom;" 2012

## **Professional Development**

The Bard Institute for Writing and Thinking: "Teaching the Academic Paper;" May 2023

BerkeleyX: "The Science of Happiness," The University of California, Berkeley; January - March 2023

Education Now: "Transition from High School to College for the Pandemic Generation;" March 2022

40<sup>th</sup> Annual Conference of The First Year Experience; February 15-19, 2021

ITLC Lilly Conference; November 30-December 2020

Educating with Empathy; Cultivating Kindness, Compassion, Cooperation, and Good Behavior; Feb 15-17, 2019

The Science of Innovation Conference (Learning and the Brain); February 15-17, 2018

Focus on Teaching and Technology Conference (UMSL); September 28, 2018

The Association for Experiential Education Annual Conference; November 9-11, 2017

Crisis Negotiation: "Debriefs by Dr. Andy Young" and "Solo Negotiations;" April 11, 2017

Courage to Risk Collaborative Conference for Special Education; January 27-28, 2017

Rendezvous Conference: "Empowering Learners through Partnerships & Innovation;" October 13-14, 2016

Crisis Negotiation: "Anti-defamation League, Cell Phones, and Active Listening;" October 11, 2016

Crisis Negotiation: "Scenarios;" July 12, 2016

Parents on a Mission Leader Training; February 3, 2016

Courage to Risk Collaborative Conference for Special Education; January 23-24, 2016

Rendezvous Conference: "Moving Forward with Innovation, Opportunity, & Action;" October 23-24, 2015

Crisis Negotiation: "Stop the Psychobabble, Negotiating with the Mad, the Bad, and the Sad);" October 13, 2015

Crisis Negotiation: "Analysis of Hostage Negotiations and Scenarios;" July 14, 2015

Crisis Negotiation: "3rd Pty Recordings" & "Neg. thru Suicide by Cop" & "Mindset for the Fight;" April 14, 2015  
Courage to Risk Collaborative Conference for Special Education; January 30-31, 2015  
Crisis Negotiation: "Negotiations in Corrections, ALS, & 5 Techniques for Asking Questions;" October 14, 2014  
Crisis Negotiation: "Interactive Scenario Based Training;" July 8, 2014  
Courage to Risk Collaborative Conference for Special Education; February 7-8, 2014  
Crisis Negotiation: "Hostage Survival" & "Intelligence Gathering for the Hostage Negotiator;" January 14, 2014  
FBI Crisis Negotiation Course; November 17-22, 2013  
Rendezvous Conference: "Imagine the Possibilities;" October 18-19, 2013  
Crisis Negotiation: "Mental Toughness" & "Hostage incidents;" October 8, 2013  
Thinking for a Change 3.1 Facilitators Training; September 2013  
Crisis Negotiation: "Dynamic Interactive Crisis Negotiation Scenarios;" July 9, 2013  
Professional Development Institute; April 23, 2013  
Courage to Risk Collaborative Conference for Special Education; January 25-26, 2013  
TABE Assessment Training; January 24, 2013  
Rendezvous Conference: "Gearing Up for Change;" October 12-13, 2012  
CEC Conference; April 11-14, 2012  
7 Habits of Highly Effective People; March 2011  
CEA Region IX Fall Conference; November 5-6, 2009  
Storytelling for Teachers: Passionate Facts; November 20, 2008  
State of Colorado Corrections Basic Training Academy: 40 hours Extended Training; 2008  
FEMA Emergency Management Institute National Incident Management System; August 11, 2008

## **Former Memberships and Associations**

Rocky Mountain Hostage Negotiators  
Colorado Adult Education Professional Association  
Colorado Association for Career and Technical Education  
Commission on Adult Basic Education  
Mountain Plains Adult Education Association